

# OUTDOOR RECORDS

## Men's Track and Field

<u>Event</u>	<u>Mark</u>	<u>Athlete</u>	<u>Year</u>
100 Meters	10.24	Gerry Woodberry	1991
200 Meters	20.67	Renny Quow	2008
400 Meters	44.73	Latoy Williams	5/23/2009-NJCAA Hutchinson, Kan.
800 Meters	1:45.88	Joseph Tangelei	1992
1,500 Meters	3:35.76	Phillimon Hanneck	1991
Mile	4:00.94	Fred Samoei	2008
5,000 Meters	14:00.66	Leodgard Martin	1986
10,000 Meters	28:54.46	Brian Sheriff	1986
3,000 M Steeplechase	8:34.53	David Kemei	1995
Marathon	2:13.40.00	Brian Sheriff	1987
110 M Hurdles	13.46	Daryl Burgess	2005
400 M Hurdles	49.81	Bryce Brown	5/23/2009-NJCAA Hutchinson, Kan.
4x100 M Relay	39.71	S. Troop, L. Williams, R. Campbell, B. Brown	5/2/2009 - U. New Mexico
4x400 M Relay	3:06.29	L. Williams, S. Webb, R. Campbell, M. Lynch	5/7/2009 – Texas Tech
4x800 M Relay	7:22.52	Cordoba, Walsh, Tangelei, Mondragon	1992
Distance Medley Relay	9:53.00	Bullard, Sims, Sheriff, Okot	1986
Shot Put	56' 0.5"	Glen Calvert	1984
Discus	181' 8"	Richard Miller	2003
Hammer	178' 1"	Chris Johnson	2008
Javelin	225' 8"	Charleson Steinbock	1980
Long Jump	26' 4.25"	Aaron Smith III	2006
Triple Jump	53' 5.75"	Shardae Boutte	2006
High Jump	7' 2.75"	Greg Gonsalves	1982
Pole Vault	17' 10.5"	Brian Ross	1991
Decathlon	7530	Alan Moore	1983

# OUTDOOR RECORDS

## Women's Track and Field

<u>Event</u>	<u>Mark</u>	<u>Athlete</u>	<u>Year</u>
100 Meters	11.54	Stephanie Simpson	2008
200 Meters	23.66	Stephanie Simpson	2008
400 Meters	54.08	Stephanie Simpson	2008
800 Meters	2:08.57	Adeh Mwamba	2003
1,500 Meters	4:22.63	Sally Kipyego	2006
5,000 Meters	16:13.39	Sally Kipyego	2006
10,000 Meters	34:09.23	Sally Kipyego	2006
3,000 Meters	9:48.97	Sally Kipyego	2006
3,000 M Steeplechase	12:04.02	Meagan Willingham	4/18/2009 - Baylor
100 M Hurdles	13.57	Tiavannia Thompson	2005
400 M Hurdles	1:01.11	Samantha Hallman	2008
4x100 M Relay	45.03	Thomas, Simpson, Shepard, Wilson	2008
4x400 M Relay	3:38.46	A. Miranda, S. Cole, D. Knowles, E. Brooks	5/23/2009 – NJCAA Hutchinson, Kan.
4x800 M Relay	9:33.70	Stovall, Garcia, White, Kimeli	2003
Distance Medley Relay	12:30.61	Kaumba, Mwamba, Newbold, White	2003
Shot Put	52-08.75	Kelly Close	3/28/2009 - UTEP
Discus	154-01.00	Melinda Bendik	5/7/2009 – Texas Tech
Hammer	176-07.00	Kelly Close	5/2/2009 – U. of New Mexico
Javelin	154-02.00	Colleen Felix	5/23/2009 – NJCAA Hutchinson, Kan.
Long Jump	20' 0.25"	Zulaykah Ali	2006
Triple Jump	42' 11.25"	Zulaykah Ali	2006
High Jump	5'7"	Asiya Iskakova	2008
Pole Vault	12-01.50	Kelsey Wilson	5/7/2009 – Texas Tech
Heptathlon	5,178	Colleen Felix	5/21-22/2009-NJCAA Hutchinson, Kan.

